



FORT BAZAAR  
GALLE FORT



W E L L N E S S

## Products & Benefits

We use Green Pearl Ceylon, a 100% natural product line, handmade in Sri Lanka. Each product is enriched with essential oils, herbs, and spices renowned for their healing properties.



**Green Tea** is rich in antioxidants with anti-ageing benefits; protects and promotes skin health while defending against daily environmental stress.



**Green Tea & Pink Lotus** cleanses, hydrates, and softens the skin, leaving it refreshed and revitalised.



**Kaolin Clay** stimulates circulation and gently rejuvenates the skin.



**Jasmine Oil** calms, soothes, and nourishes for a healthy glow.

# Massages

## Signature

60 or 90 minutes

USD 50 / 60

A gentle full-body oil massage using long, flowing strokes to revitalise and restore.

## Asian Deep Tissue

60 or 90 minutes

USD 50 / 60

A full-body blend of Ayurvedic, Thai, Balinese, and Hilot techniques, combining dry pressure, stretching, and deep tissue work for complete relaxation.

## Shiatsu

60 or 90 minutes

USD 50 / 60

An oil-free Japanese acupressure treatment targeting energy lines and points to ease fatigue and restore balance.

## Back, Neck & Shoulders

45 minutes

USD 40

Focused massage to relieve muscle tightness from travel, desk work, or daily stress.

## Foot

45 minutes

USD 40

Pressure-point therapy for the feet to promote wellbeing and stimulate the body's healing response.

## Head

30 minutes

USD 30

A calming treatment to ease headaches, release neck tension, and relax the mind.

## Kids

30 minutes

USD 30

Gentle techniques for children aged 4–12.

## Beauty

### Facial

60 minutes

USD 50

A cleansing steam, deep exfoliation, and antioxidant-rich green tea with healing pink lotus, suitable for all skin types.

### Manicure

60 minutes

USD 25

### Pedicure

60 minutes

USD 25

Both manicure and pedicure include cleansing, filing and painting, with a choice of vibrant colours.

## Scrubs

### Walnut & Sandalwood

45 minutes

USD 40

A fragrant tropical body scrub that buffs away dry skin, clears pores, and restores a healthy glow.

### Cinnamon, Coffee & Salt

45 minutes

USD 40

An invigorating blend to boost circulation, protect skin, and combat premature ageing.

## Wraps

### Kaolin Clay Jasmine

45 minutes

Mineral-rich kaolin clay draws out toxins and improves circulation, while jasmine oil soothes and uplifts.

USD 40

### Green Tea Lotus

45 minutes

A hydrating, antioxidant-rich wrap that purifies, softens, and boosts circulation for radiant skin.

USD 40

## Add-Ons

30 minutes extra

USD 20 EACH

You can choose any one of the items below and add them on to any treatment, thus creating your perfect experience.

Leg

Feet

Neck & Shoulders

Hands

Back

Steam

## Combos

Steam - Scrub - Massage

125 minutes

USD 85

Cleansing and rejuvenating all in one.

Head - Neck - Feet

60 minutes

USD 50

Hedonistic. Oh! So relaxing.

Facial - Manicure - Pedicure

180 minutes

USD 85

A full beauty make over, lying down in the full comfort of the treatment room.

Facial - Foot Massage

90 minutes

USD 70

From top to toe.

To make an appointment at the Spa please speak with one of our team members, or dial '0' to contact the Front Desk.

If you wish to cancel your treatment, please give us two hours' notice as we would like to offer your time to another guest. If sufficient notice is not provided, we will need to charge 50% of the treatment price.

The Spa opens at 9:00am and takes its last guest at 8:00pm. However, if these times don't suit your needs please talk to us and we can see how we can help.

We look forward to welcoming you at the Spa.



TEARDROP